

Sevenoaks Swimming Club

Founded 1915

Affiliated to: ASA South East Region, Kent County ASA, RLSS

Schools Out For Summer Gala 2017

License: 3SE170767

SCHEDULE

Saturday 8th July 2017

<u>Session One</u>	<u>Session Two</u>
<p>(Provisional) Warm up 12.30pm Signing out closes 1.15pm Start 1.30pm</p>	<p>Warm up 5.00pm (approximately) Signing out closes 5.15pm (approximately) Start 6.00pm (approximately) Session end 9.00pm</p>
<ol style="list-style-type: none"> 1. Girls 400m Freestyle 2. Boys 200m Individual Medley 3. Girls 100m Breaststroke 4. Boys 100m Breaststroke 5. Girls 200m Butterfly 6. Boys 200m Backstroke 7. Girls 50m Freestyle 8. Boys 50m Butterfly 	<ol style="list-style-type: none"> 9. Boys 200m Freestyle 10. Girls 100m Backstroke 11. Boys 50m Backstroke 12. Girls 100m Ind Medley 13. Boys 200m Butterfly 14. Girls 50m Backstroke 15. Boys 100m Freestyle

Sunday 9th July 2017

<u>Session Three</u>	<u>Session Four</u>
<p>(Provisional) Warm up 9.30am Signing out closes 9.45am Start 10.30am</p>	<p>Warm up 2.00pm (approximately) Signing out closes 2.15pm (approximately) Start 3.00pm (approximately) Session end 6.00pm</p>
<ol style="list-style-type: none"> 16. Boys 400m Freestyle 17. Girls 200m Individual Medley 18. Boys 100m Butterfly 19. Girls 100m Butterfly 20. Boys 200m Breaststroke 21. Girls 200m Backstroke 22. Boys 50m Freestyle 23. Girls 50m Breaststroke 	<ol style="list-style-type: none"> 24. Girls 200m Freestyle 25. Boys 100m Backstroke 26. Girls 50m Butterfly 27. Boys 100 Ind Medley 28. Girls 200m Breaststroke 29. Boys 50m Breaststroke 30. Girls 100m Freestyle

AGE GROUPS

10&11, 12&13 14&15, 16+ years (Age is at midnight on 31st December 2017)

CLOSING DATE FOR ENTRIES IS 12th JUNE 2017

Heat Declared Winner

Awards to the first six placed swimmers in each 'age group'

Coaches are asked to ensure swimmers leave water by the side, and do not climb over the timing pads.

Sevenoaks Swimming Club
Schools Out For Summer Gala 2017
8th & 9th July
Individual Entry Form

First Name Surname.....

Address

.....

Date of Birth Age as of 31st December 2017

ASA Reg No Male / Female (delete as appropriate)

Club

Event		Entry Time
50	Freestyle	
100	Freestyle	
200	Freestyle	
400	Freestyle	
50	Backstroke	
100	Backstroke	
200	Backstroke	
50	Breaststroke	
100	Breaststroke	
200	Breaststroke	
50	Fly	
100	Fly	
200	Fly	
100	Medley	
200	Medley	

Total Number of Entries @ **£5.50** per event

Total Entry Fee Enclosed

Cheques made payable to Sevenoaks Swimming Club

Entries to be sent to

Email: meetspromoter@sevenoakssc.org

Address: David Tyler, Sevenoaks SC, 16 Stacey Road, Tonbridge, Kent TN10 3AR

Phone: 07711 255130

Telephone No..... Email Address.....

Signed.....

Sevenoaks Swimming Club
Schools Out For Summer Gala 2016
8th & 9th July
Club Entry Form & Financial Summary

CLUB:

CONTACT NAME:

ADDRESS:

POST CODE:

TELEPHONE:

EMAIL ADDRESS:

NUMBER ENTRIES @ **£5.50** PER EVENTx£5.50... =£....

NUMBER OF COACHES PASSES @ £10.00 PER DAY

No. of Coaches..... @ £20 for each weekend pass (max 2 per club) =£

No of day passes required @ £10 per day..... =£

TOTAL REMITTANCE: =£...

CHEQUES SHOULD BE MADE PAYABLE TO Sevenoaks Swimming Club

BACS Payments to Sort Code 08-92-99, Account Number 65628618

Account Name Sevenoaks Swimming Club

(Please put the ASA short name of your club and SOFS as a reference)

CLOSING DATE FOR ENTRIES IS 12th June 2017

Completed summary sheets and entry fees, should be sent to;

Cheques made payable to Sevenoaks Swimming Club

Entries to be sent to

Email: meetspromoter@sevenoakssc.org

Address: David Tyler, Sevenoaks SC, 16 Stacey Road, Tonbridge, Kent TN10 3AR

Phone: 07711 255130

Telephone No.....

Email Address.....

Signed.....

Sevenoaks Swimming Club Schools Out For Summer Gala 2017

NOT FASTER THAN TIMES

BOYS

GIRLS

10&11 Years	12&13 Years	14&15 Years	16+ Years	Events	10&11 Years	12&13 Years	14&15 Years	16+ years
34.50	31.00	30.00	29.00	50m Back	35.00	32.00	31.00	30.00
39.5	36.00	31.50	30.00	50m Breast	40.00	36.00	35.00	33.00
34.00	30.00	28.00	27.50	50m Fly	35.00	31.00	30.00	29.00
30.00	26.00	25.00	24.50	50m Free	30.00	29.00	28.00	27.00
1.15.00	1.09.00	1.02.00	1.02.00	100m Back	1.13.00	1.11.00	1.06.00	1.05.00
1.26.00	1.20.00	1.12.00	1.10.00	100m Breast	1.25.00	1.20.00	1.16.00	1.16.00
1.16.00	1.09.00	1.02.00	59.00	100m Fly	1.16.00	1.10.00	1.07.00	1.05.00
1.05.00	1.02.00	56.00	54.50	100m Free	1.06.00	1.02.50	1.00.00	1.00.00
2.38.00	2.30.00	2.16.00	2.15.00	200m Back	2.42.00	2.29.00	2.22.00	2.21.00
3.07.00	2.51.00	2.40.00	2.32.00	200m Breast	3.02.00	2.52.00	2.44.00	2.44.00
2.42.00	2.33.00	2.17.00	2.14.00	200m Fly	2.42.00	2.36.50	2.25.00	2.24.00
2.22.00	2.15.00	2.00.00	1.58.00	200m Free	2.22.00	2.14.00	2.10.00	2.09.00
5.01.00	4.41.00	4.16.00	4.15.00	400m Free	4.54.00	4.43.00	4.29.00	4.29.00
1.15.00	1.07.00	1.02.00	59.50	100m I/M	1.18.00	1.08.00	1.03.00	1.00.00
2.42.00	2.32.00	2.19.00	2.15.00	200m I/M	2.47.00	2.33.00	2.27.00	2.26.00