



# Sevenoaks Swimming Club

Founded 1915

Affiliated to: ASA South East Region, Kent County ASA, RLSS

## APPLICATION FOR NEW MEMBERS TRIAL

Sevenoaks Swimming Club is a very competitive club and considers that commitment to training is vital. Successful applicants routinely enter the Entry Level Squad and train on Monday evenings at St. Michaels' School and Thursday evenings at the Sevenoaks Leisure Centre. Training in both sessions is expected. The fees as at October 2018 are £42.00 per month, payable by direct debit on 15<sup>th</sup> of every month.

Should you wish to enter a trial, the Club is currently looking for swimmers aged between 7-9 years of age who can perform with good technique in the main 3 strokes over 50m + demonstrate a knowledge of butterfly over 25m. To apply for a place at our New Members Trial, applicants should have reached a minimum standard equivalent to that of Level 7 of the ASA's National Teaching Plan for Swimming (NTPS). Swimmers should be able to demonstrate basic technique over 50m in backstroke and front crawl. Breaststroke should be to an efficient standard. In addition, swimmers should be able to perform a surface dive and climb out unaided, swim 5m under water, forward somersault from a push and glide and scull both head first and feet first.

Swimmers aged 10/11 years wishing to apply, will be asked to demonstrate each of the four strokes to an efficient standard over 50m, at a speed and technique considered by the Coaches, to be similar to that of our existing age-related members and their associated Squad criteria.

All applicants must be at least six years of age at the time of the trial.

The decision of the Club Coach as to the suitability of any applicant for membership will be final.

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Swimmer's Name: .....

Email: .....

(Please print carefully – future correspondence will be sent by email)

Date of Birth: ..... Contact Phone: .....

Previous Swimming Clubs/Swim School/Swim Teacher.....

.....

25m times (if known): Front Crawl: ..... Backstroke: ..... Breaststroke: ..... Fly: .....

50m times (if known): Front Crawl: ..... Backstroke: ..... Breaststroke: ..... Fly: .....

Siblings who are currently members of SSC: .....n/a.....

Name of Parent/Guardian: .....

Please complete the tear off slip and post to:

Jane Wilson, Membership Secretary, 35 Minters Orchard, Platt, Sevenoaks, Kent TN15 8JQ  
Email: membersec@sevenoakssc.org